GWC Virtual Mentoring Guide - Session 6

Continuing the Sisterhood / Program Wrap Up



Session Overview

- Ice Breaker [5 mins]
  - How would you describe your virtual mentoring experience in one word?
- Session Goals + Warm Up [5-10 mins]
  - Mentees complete a survey to provide feedback on their Virtual Mentoring experience
- Setting New Goals for the Future [15-20 mins]
  - Review progress made throughout these sessions
  - Mentees evaluate and set new goals for their future.
- Warm Fuzzies [5-10 mins]
  - Everyone shares a shoutout to themselves, and a shout-out to a mentor or mentee.
  - Take a group picture
- Spotlight on Soft Skills [5-10 mins]
  - Highlight the soft skill of *maintaining connections*
  - Share workplace experience around the soft skill
  - Set goals to stay connected to the GWC sisterhood
- Next Steps [5-10 mins]
  - Review the next steps with mentees, as found in their workbooks, and allow them time to ask any follow up questions
- Extension Activities [if time allows]
  - Final Wrap-Up

Session Goals

As a cohort, our goals for this session include...

- ☐ Completing a survey to provide feedback on our Virtual Mentoring experience
- ☐ Reviewing the progress we made throughout these sessions.
- ☐ Evaluate and set new goals for the future.
- ☐ Setting goals to stay connected to the GWC sisterhood

Ice Breaker *5 mins*



As we are wrapping up the program, ask mentees to reflect on everything they accomplished the past couple months.

1. Ask mentees "How would you describe your virtual mentoring experience in one word?"
2. Give everyone 1 minute to drop their answer to the chat, then read them out loud.
3. Ask if 2-3 mentees would like to share why they chose their word.

Session Goals + Warm Up *5-10 mins*



Session Goals

Introduce the goals for today:

As a cohort, our goals for this session include...

- ☐ Completing a survey to provide feedback on the Virtual Mentoring experience
- ☐ Reviewing the progress we made throughout these sessions.
- ☐ Evaluate and set new goals for the future.
- ☐ Setting goals to stay connected to the GWC sisterhood

Warm Up

Ask mentees to complete the survey email from GWC to share their experiences and give ideas to improve the program. Introduce today's main activity by reflecting back on everything you have experienced as a cohort.

Looking Ahead to New Goals *15-20 mins*



Small Group (10 mins)

The program may be ending, but your goals shouldn't! Mentees will use this time to brainstorm and set goals for their future. In groups of 3-4, mentees will spend time reflecting upon the S.M.AR.T. goals they created during session 1. Then, they will create new goals for the future.

1. Mentees will take the time to review their SMART goals created from session 1 and consider the following:
    - Did you meet your goals? If so, do you feel like your goals were easily attainable? If not, what do you think stopped you from completing your goals?
    - Do you need to adjust your goals based on what you learned in this program?
2. Mentees will create two new goals - one short term goal and one long term goal using the SMART Goals guide from session 1. Mentees should plan to complete these goals six months from now. As they are are creating new goals, they should consider:
    - How challenging are your goals? If your session #1 goals were easy to achieve, try making your new goals more challenging.
    - When you complete one of your goals, how does it make you feel?
    - Do your goals feel too big? Try breaking them down to make them feel more attainable.
    - Pay attention to the steps you need to complete to reach your goals.

Whole Group Share Out (5 mins)

Closing the breakout rooms, return to the whole group Zoom call to ask for volunteers to share their new goals. Mentees can share by typing in the chat or coming off of mute. Make sure to highlight their Girls Who Code core value of *bravery* after sharing!

Warm Fuzzies *5-10 mins*

End the session on a high note by recognizing everyone's accomplishments and ending with a group photo.

1. Mentees take a moment to do a self shout-out by expressing what they are proud of - this can be an accomplishment or a moment of bravery. Everyone takes turns sharing by unmuting or sharing in the chat.
2. Mentees then take a moment to do a shout-out to someone else in the cohort to recognize their accomplishments or support they provided. Everyone takes turns sharing by unmuting or sharing in the chat. Mentors should share their own shout-outs during this time!
3. Once everyone has shared, notify mentees that you all are going to take a group picture. Give mentees a moment to change their background to something fun. You can choose a fun theme to coordinate your backgrounds!
4. Take a screenshot on your computer, and make sure to save and share it with the cohort!



Spotlight on Soft Skills *5-10 mins*

Focus on Staying Connected

Highlight one last skill that mentees will put into practice by keeping in contact with one another - *maintaining connections*.

Mentors should share their own experiences with this soft skill, showcasing how maintaining connections positively impacted you or a colleague's professional growth. Explain how you have highlighted this soft skill when interviewing for a role or how you look for this quality when interviewing potential new hires.

The end of the mentoring program does not mean the end of a relationship. Keeping former mentees and mentors in your network can prove to be beneficial in the future. If you haven't already, take this time to:

- Discuss if you would like to continue the relationship after the formal mentoring is completed. This could look like exchanging emails, or having group calls regularly.
- Add each other on LinkedIn.
- Optional: Put a quarterly, biannual, or yearly reminder on the calendar to touch base.

Next Steps *5 mins*



Review the next steps with mentees, as found in their student workbook, and allow them time to ask any follow up questions:

- ☐ Keep connected with your cohort!
- ☐ Keep yourself on track for the newly created S.M.A.R.T. goals you created.

Optional Follow Up Work for Mentees:

- ☐ Continue being active in the Girls Who Code Alumni Discord!

Mentors, please make sure to complete your session recap form!

Extension Activities [*optional*]

If time allows, consider building the following optional extension activities into your session time:

Extending Your Connections

Now that mentees are connected with each other on LinkedIn, encourage them to browse suggestions on the "People You May Know" section. They may find someone they are interested in connecting with! Encourage them to take a step of bravery and reach out to them using their professional summary from Session 4.

Resources:

- ➔ Student Workbook, Session 6